

SOSPOSA Sedation Seminar: 31 July – 1 August 2015

WORKSHOPS:

*PLEASE NOTE: Since these are 'real life' sedation cases, **only 5 students** will be accepted at each workshop on a first paid, first accepted basis.*

Please ensure that you register for the correct workshop you wish to attend.

An additional 'pre-seminar' workshop will be held on 30 July 2015.

WORKSHOP I:

Thursday Morning 30 July 2015 (Time will be confirmed)

Sedation for endoscopies at Melomed Private Hospital, Bellville (Bronchoscopies/gastrosopies/colonoscopies)

WORKSHOP II:

Friday Morning 31 July 2015 (Time will be confirmed)

Sedation for endoscopies at Paarl Medi-Clinic (Gastrosopies/colonoscopies)

Workshop III:

Friday Morning 31 July 2015 (Time will be confirmed)

Sedation for dental procedures at Tygerberg Hospital

FRIDAY 31 JULY 2015

AFTERNOON SESSION: SEDATION - AN INTRODUCTION

13h00 – 13h30 Registration

13h30 – 14h00 Sedation in a nutshell

Dr Mari Jansen van Rensburg

14h00 – 14h30 Sedation: How to stay out of trouble

Dr Dirk Geldenhuys

14h30 – 15h00 Local anaesthetic agents and drug interactions

Dr Simon Christie

15h00 – 15h30 Break

15h30 – 16h00 Ketofol: Yesterday, today and tomorrow

Prof James Roelofse

16h00 – 16h30 Sedation for patients with disabilities

Dr Simon Christie

16h30 – 17h00 An algorithm for patient selection for sedation

Dr Mari Jansen van Rensburg

SATURDAY 1 August 2015

MORNING SESSION: SEDATION – THE BIGGER PICTURE

08h30 – 09h00 Registration

09h00 – 09h45 Pain management on the go Dr Milton Raff

09h45 – 10h30 Consciousness, memory and recall: The twilight zone Dr Cobus Louw

10h30 – 11h00 Break

11h00 – 11h30 Interventional pain modulation – why sedation is the better choice Dr Jack Eksteen

11h30 – 12h30 A possible tool to audit patient satisfaction during and following procedural sedation for ambulatory surgery Prof J Roelofse

12h30 – 13h00 SOSPOSA AGM Chair Dr R de Wet

13h00 – 14h00 Lunch

AFTERNOON SESSION: SEDATION – GETTING IT RIGHT

14h00 – 14h30 The new SASA sedation guidelines Prof James Roelofse

14h30 – 15h30

Sedation titbits

- Post-sedation agitation Prof James Roelofse
- Depth of sedation monitoring Dr Simon Christie
- Methoxyflurane: An old villain in new clothes TBA

15h30 – 16h30 ER Session Dr Jan Killops

Interactive discussion of everyday ER sedation issues

- It is 20h00. Surgeon wants to debride toe wound of 9 yo child. Had lunch at 14h30 and half a cup of white coffee at 16h30.

- All presentations and notes will be in English.
- CPD Certificates will be available after the seminar.

COSTS:

Payment received after 24 July 2015: [Add R250](#)

Full payment received on or before 24 July 2015:

Pre-seminar Workshop I Thursday 30 July 2015: **R650**

Workshops II and III: **R750**

Friday afternoon lectures: **R750**

Saturday full day lectures: **R1000**

SOSPOSA members: Discount of R250 off total amount

CANCELLATION POLICY:

Full refund if cancelled on or before 24 July 2015.

After 24 July 2015 an administration fee of R100 will be charged.

No-shows: No refund.

Send completed form and proof of payment to:

sedationacademy@webafrica.org.za or

SMS: 0824909720, or

Fax: 021-873-7666

APPLICATION FORM SEDATION SEMINAR 31 July - 1 August 2015.

Title:

Name (for ID tag):

Name (for CPD certificate):

MP Number: SOSPOSA Member: Yes...../No.....

Email:Cell number:

Postal Address:

..... Postal Code:.....

Indicate any dietary restrictions here:

| I will attend: Please mark with an X | | | AMOUNT |
|---|--------------------------|-------|--------|
| Workshop I (no lunch) | <input type="checkbox"/> | R 650 | |
| Workshop II (includes lunch) | <input type="checkbox"/> | R 750 | |
| Workshop III (includes lunch) | <input type="checkbox"/> | R 750 | |
| Friday afternoon lectures (no lunch) | <input type="checkbox"/> | R 750 | |
| Saturday lectures (includes lunch) | <input type="checkbox"/> | R1000 | |
| SOSPOSA members' discount | <input type="checkbox"/> | -R250 | |
| Payment after 24 July 2015 add R250 | <input type="checkbox"/> | +R250 | |
| | | | TOTAL: |

Please send application form with proof of payment:

Email: sedationacademy@webafrica.org.za or

SMS: 082 490 9720, or Fax: 021-873-7666

- *Please note that your application can only be processed once proof of payment has been received*
- *Quote your initials and surname as reference*

Electronic transfer:

Account name: SOSPOSA

Bank: FNB Tygerberg

Branch number: 201410

Account number: 62334790202

Type: Cheque account

If you would like to pay cash or write a cheque, contact Dr Tessa de Villiers at the above email or cell number.

VENUE:

Wallenberg Research Centre @ STIAS
10 Marais Street
Stellenbosch

GPS COORDINATES:

S: 33° 56' 106", E: +18° 52' 394"

DISTANCES:

Cape Town: 48 km

Cape Town International Airport: 42 km

Directions from Cape Town via N1

- Turn into N1 – direction Paarl
- Continue on N1 until Exit 39: R304 Stellenbosch, Klipheuwel
- Turn right at stop sign on R304 direction: Stellenbosch
- After 12 km you will reach the 60km/hr speed limit sign, when entering Stellenbosch
- At the 4th traffic light turn left onto Merriman Ave (Caltex Garage on your right)
- Continue on Merriman Ave until you reach a huge traffic circle
- Take the 3rd exit direction: Coetzenburg Stadiums, Marais Rd
- Continue on Marais Rd for about 500 meters – STIAS will be on your left

Directions from Cape Town via N2

Please note: Due to occasional unrest on the N2 this route is not recommended

PARKING:

Safe, onsite basement parking or marked parking bays.

MEALS:

Thursday pre-seminar workshop: No lunch.

Friday workshops: Lunch will be served before afternoon lectures.

Friday-afternoon lectures: Tea/coffee on arrival and at mid-afternoon break; no lunch.

Saturday: Tea/coffee on arrival and at mid-morning break; lunch will be served

ACCOMMODATION (Own account):

<http://www.stellenbosch.travel>

Click on 'accommodation' for guest houses available.

Guesthouses in Stellenbosch:

Caledon Villa
info@caledonvilla.co.za
021 883 8912

Just Joey Guesthouse
bookings@justjoey.co.za
021 887 1799

Fynbos Villa Guesthouse
info@fynbosguesthouse.co.za
021 883 8670

Onze Rust Guesthouse
info@stellenboschstay.com
021 881 3291

STELLENBOSCH TOURISM INFORMATION BUREAU:

info@stellenbosch360.co.za

36 Market Street, Stellenbosch, 7600

Tel: 021- 883 3584

Fax: 021-882 9550

QUESTIONS AND CONCERNS:

Contact the course coordinator:

Dr Tessa de Villiers

Email: sedationacademy@webafrica.org.za or dvtessa@telkomsa.net

Cell: 082 490 9720

Thank you for your patronage. We trust that you will have a pleasant and rewarding experience.